



Example Actions for “My Influence Map”

These example actions are designed to help students think about specific, tangible ways they can be a positive influence in different aspects of their lives, reflecting their faith and values.

Home

- **Kindness:** Make your bed and do chores without being asked to show appreciation for your family.
- **Encouragement:** Leave a positive note for a family member who is going through a tough time.
- **Patience:** Listen to your siblings' stories without interrupting, even if you've heard them before.

School

- **Helpfulness:** Offer to help a classmate who is struggling with an assignment.
- **Inclusivity:** Invite someone who usually sits alone to join your group during lunch.
- **Integrity:** Speak up if you see someone cheating or being dishonest.

Community

- **Service:** Volunteer at a local food bank or community center to help those in need.
- **Respect:** Show respect by cleaning up after yourself at a park or community space.
- **Gratitude:** Thank your bus driver, crossing guard, or anyone who helps make your day safer and smoother.

Sports Teams/Clubs

- **Teamwork:** Encourage team members, focusing on what they do well, instead of pointing out mistakes.
- **Fair Play:** Demonstrate sportsmanship by shaking hands with opponents, win or lose.
- **Leadership:** Take the initiative to organize extra practice sessions for your team.

Church

- **Engagement:** Volunteer to read during services or help set up for events.
- **Support:** Offer to babysit for free during church meetings to help parents participate more fully.
- **Compassion:** Reach out to new members or visitors, making them feel welcome and included.

Online and Social Media

- **Positivity:** Share positive messages or uplifting content to brighten others' days.
- **Responsibility:** Be mindful about the privacy and feelings of others when posting online.
- **Support:** Use social media to promote community events or charitable causes.

Neighborhood

- **Community Engagement:** Organize or participate in a neighborhood clean-up day.
- **Safety:** Set up a neighborhood watch or a safety group to help keep the area safe.
- **Kindness:** Offer to help neighbors with tasks like gardening or taking out trash.

Extended Family

- **Connection:** Schedule regular calls or visits with relatives who live far away.
- **Memory Sharing:** Create a family album or storybook and share it during family gatherings.
- **Support:** Offer to help elderly relatives with technology to keep them connected.

Hobbies and Personal Interests

- **Sharing Skills:** Teach others a skill you have, like acting, playing a musical instrument, or drawing.
- **Inclusivity:** Create a club or group that welcomes people of all skill levels.
- **Sustainability:** Engage in hobbies that promote environmental sustainability, like bird-watching or hiking.

Public Spaces (Library, Parks)

- **Civic Responsibility:** Participate in or organize events like book readings or educational workshops.
- **Environmental Stewardship:** Promote and participate in recycling and conservation efforts in public areas.
- **Community Building:** Set up free activities or classes in these spaces to bring people together.