KINDERGARTEN – 2ND GRADE · TEACHING PAGES · MARK 4:35-41; PSALM 107:23-31

Jesus Calms the Storm

Jesus calmed a terrible storm with just His words, so I can have peace because Jesus is with me.

PRINCIPLE: PEACE · We can have peace in scary times, because Jesus is with us and even the wind and waves obey Him.

Creation God made it	Fall We broke it	**Redemption** **Jesus fixes it**	Restoration Jesus makes it new

MEMORY VERSE

"'Silence!' He commanded. 'Be still!' And the wind died down, and it was perfectly calm."

Adapted from Mark 4:39 BSB

START HERE

Ask, "What's the scariest storm you've ever been in?" Let a few kids share. Say, "Today Jesus' friends are in a boat in the middle of a huge storm. Let's see what Jesus does!"

Bible story 6 min

One evening, Jesus said to His friends, "Let's go across the lake." So they got into a boat. Jesus was tired. He lay down on a pillow in the back and fell asleep.



DASCH DIGS UP…

Jesus was sleeping in the back of the boat **on a cushion**! Mark 4:38

Then a big storm came! The wind blew hard. Huge waves crashed into the boat. The boat began to fill with water. His friends were very scared. Some of them were fishermen, and even they were scared!



DASCH DIGS UP…

Several disciples were **expert fishermen**, and even they were afraid of this storm!

They woke Jesus up. "Teacher! Don't You care? We're going to sink!"

Jesus stood up. He spoke to the wind and the waves. "Quiet! Be still!" Right away, the wind stopped. The water became perfectly calm.

HIDDEN IN PLAIN SIGHT

Look at **Mark 4:41**. After the storm stopped, Jesus' friends were even MORE amazed and afraid! Why? Because only God can stop a storm. They realized Jesus is God!

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Jesus asked, "Why were you so afraid? Do you still not trust Me?" His friends were amazed. "Who is this? Even the wind and the waves obey Him!"

 **SAY IT TOGETHER: "Be still!" And it was perfectly calm!**

Talk about it

1. Where was Jesus when the storm started?
   Answer help: Asleep on a pillow in the back of the boat.
2. What did Jesus say to the storm?
   Answer help: Quiet! Be still!
3. Why can we have peace when we're scared?
   Answer help: Because Jesus is with us, and He is stronger than any storm.
4. What scary thing can you trust Jesus with this week?

Activities

Storm on the lake 8 min

You'll need: A blue sheet or blanket, A small cushion

1. Kids shake the sheet like a storm while one child "sleeps" on the cushion as Jesus.
2. The others call, "Wake up!" "Jesus" stands and says, "Be still!" and the sheet goes calm.
3. Take turns being Jesus.

Color the storm 10 min

You'll need: Printed handouts, Crayons

1. Kids color Jesus calming the big waves.
2. While they color, say the memory verse together.

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Ellie's Lab Science experiment

Storm in a bottle 10 min

You'll need: Clear plastic bottles with lids (one per pair), Water, Blue food coloring, Vegetable oil, A funnel, Small plastic toy boats or bottle caps (optional)

1. Fill each bottle about one-third with water and add two drops of blue food coloring.
2. Use the funnel to add vegetable oil until the bottle is almost full. Add a bottle cap "boat" if you have one. Close the lid tightly.
3. Lay the bottle on its side and rock it back and forth. Watch the waves crash! The faster you rock, the bigger the storm.
4. Hold the bottle still. Watch how long the waves take to settle. Count together.
5. Read Mark 4:39. Ask, "How long did it take the real Sea of Galilee to get calm when Jesus spoke?" (Right away!)

Why it works: Oil is lighter than water and doesn't mix with it, so it floats on top and the line between them looks like the surface of the sea. When you rock the bottle, energy moves through the liquid as waves. When you stop, the waves slowly lose their energy and settle. Real seas take hours to calm down after a strong wind.

The point: Our bottle storm needed time to settle, and real seas take hours. But when Jesus spoke, the wind stopped and the sea became perfectly calm at once. Only God can do that. That's why the disciples asked, "Who is this?" The One who rules the waves is with us.

Safety: Tighten lids well and work over a tray. Wipe up any spills. Don't drink the liquid.



Real life today with Theo

At home	When you hear grown-ups worry, or when there's a big storm outside, you can pray and remember Jesus is with you. That gives peace.
At school	Before a test or a hard day, say the memory verse. Jesus can calm your heart.
With friends	When a friend is scared, you can remind them, "Jesus is stronger than storms!"

Sing and move

♪ **My God Is So Big** Traditional

♪ **Peace, Be Still** Hymn

OUR CHANT: STORM ON THE SEA

Storm on the sea, *(wave arms)*
Wind and rain, *(wiggle fingers down)*
Jesus said "Be still!" *(arm out, freeze)*
Calm again! *(arms down slowly)*

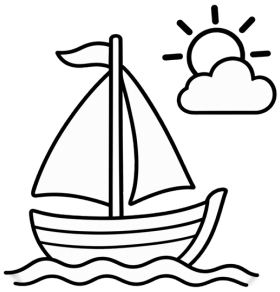
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Live It
When you feel scared this week, stop and say the memory verse. Then tell Jesus what's scaring you.

Pray together
Jesus, You made the wind and waves be still. Thank You for being with me. When I'm scared, help me trust You and give me Your peace. Amen.

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Name: _____ Date: _____



JESUS CALMS THE STORM

MARK 4:35-41

Jesus calmed a terrible storm with just His words, so I can have peace because Jesus is with me.

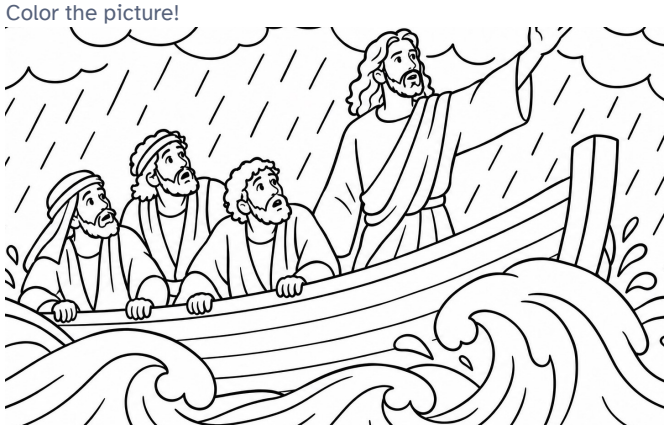
MEMORY VERSE

'Silence!' He commanded. 'Be still!' And the wind died down, and it was perfectly calm.

Adapted from Mark 4:39

1 COLOR IT

Color the picture!



2 WORD SEARCH

Find and circle these words.

AWE FAITH PEACE REBUKE SQUALL STERN

J M F A I T H K
F S B T K L H R
S Q H B J P W S
D U C P B H P T
T A R E B U K E
D L K A C L E R
L L P C G R H N
A W E E O B G B

3 FILL IN THE VERSE

Use the words in the box.

perfectly	'silence'	commanded

'Silence!' He _____. 'Be still!' And the wind died down, and it was _____ calm. (Adapted from Mark 4:39)

Challenge: cover it up and say it from memory!

4 STORY ORDER

Number the boxes 1, 2, 3... in the order it happened.

- ☐ Jesus said, "Be still!"
- ☐ The friends woke Jesus up.
- ☐ Jesus fell asleep in the boat.
- ☐ A big storm came.
- ☐ The sea became perfectly calm.

5 TRUE OR FALSE?

Circle T or F.

1. Jesus was awake when the storm started. **T / F**
2. The wind and the waves obeyed Jesus. **T / F**
3. The water got calm right away. **T / F**



6 DASCH DIGS UP...

Did you know?

★ The Sea of Galilee sits **low between mountains**, so cold winds can rush down and stir up **sudden storms**!



BE STILL!

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TAKE-HOME PAGE · JESUS CALMS THE STORM

Keep the story going at home

For grown-ups
Today we learned how **Jesus calmed the storm**. A huge storm hit the disciples' boat, and Jesus was asleep! They woke Him, and He said to the wind and waves, "Be still!" Everything became calm. The disciples asked, "Who is this? Even the wind and the sea obey Him!"

Ask at dinner: *What feels like a "storm" in your life? How does it help to know Jesus is with us?*

Memory verse: "'Silence!' He commanded. 'Be still!' And the wind died down, and it was perfectly calm." (Mark 4:39)

Ask your child

1. Why can we have peace when we're scared?
2. What scary thing can you trust Jesus with this week?

This week

When you feel scared this week, stop and say the memory verse. Then tell Jesus what's scaring you.
Talk together about something that feels like a storm right now, and pray for Jesus' peace.

✂ Cut out the verse card and put it where you'll see it every day.

MEMORY VERSE

"'Silence!' He commanded. 'Be still!' And the wind died down, and it was perfectly calm."

Adapted from Mark 4:39

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Name: _____ Activity page

Color the storm

Color Jesus calming the storm. Be still!



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