PRESCHOOL (AGES 3–5) · TEACHING PAGES · MARK 4:35-41; PSALM 107:23-31

Jesus Calms the Storm

Jesus is stronger than storms.

PRINCIPLE: PEACE · We can have peace in scary times, because Jesus is with us and even the wind and waves obey Him.

Creation God made it	Fall We broke it	**Redemption Jesus fixes it**	Restoration Jesus makes it new

MEMORY VERSE

“Jesus said, 'Be still!'”

Adapted from Mark 4:39 BSB

START HERE

Make storm sounds, "Whoosh! Crash! Boom!" Ask, "What's that?" Say, "A storm! Today Jesus and His friends are in a boat in a big storm!"

Bible story 4 min

Jesus and His friends got in a boat. Jesus was tired. He lay down and went to sleep.



DASCH DIGS UP…

Jesus was sleeping in the back of the boat **on a cushion**! Mark 4:38

Then a big storm came! The wind blew. Whoosh! The waves splashed into the boat. Splash! His friends were scared.



SAY IT TOGETHER: Jesus gives me peace!

They woke Jesus up. "Help!" they said. Jesus stood up. He said to the wind and waves, "Be still!"

And they did! The wind stopped. The water got calm and quiet.

HIDDEN IN PLAIN SIGHT

Jesus' friends were very scared of the storm. But when Jesus stopped it, they said, "Wow! Who is this?" Jesus is God!

His friends said, "Wow! Even the wind and waves obey Jesus!"



SAY IT TOGETHER: Jesus gives me peace!

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Talk about it

1. What was Jesus doing when the storm came?
   Answer help: Sleeping!
2. What did Jesus say to the storm?
   Answer help: Be still!
3. When you're scared, who is with you?
   Answer help: Jesus!

Activities

Storm and calm 5 min

You'll need: A blue sheet or blanket

1. Kids shake the blue sheet to make big storm waves.
2. Say, "Jesus said, 'Be still!'" Everyone stops and holds the sheet perfectly calm. Repeat. Talk about how Jesus gives peace.

Color the calm sea 10 min

You'll need: Printed handouts, Crayons

1. Give each child the coloring page of the boat on calm water.
2. As they color, say, "Jesus made the storm stop!"



Ellie's Lab Science experiment

Storm in a bottle 10 min

You'll need: Clear plastic bottles with lids (one per pair), Water, Blue food coloring, Vegetable oil, A funnel, Small plastic toy boats or bottle caps (optional)

1. Fill each bottle about one-third with water and add two drops of blue food coloring.
2. Use the funnel to add vegetable oil until the bottle is almost full. Add a bottle cap "boat" if you have one. Close the lid tightly.
3. Lay the bottle on its side and rock it back and forth. Watch the waves crash! The faster you rock, the bigger the storm.
4. Hold the bottle still. Watch how long the waves take to settle. Count together.
5. Read Mark 4:39. Ask, "How long did it take the real Sea of Galilee to get calm when Jesus spoke?" (Right away!)

Why it works: Oil is lighter than water and doesn't mix with it, so it floats on top and the line between them looks like the surface of the sea. When you rock the bottle, energy moves through the liquid as waves. When you stop, the waves slowly lose their energy and settle. Real seas take hours to calm down after a strong wind.

The point: Our bottle storm needed time to settle, and real seas take hours. But when Jesus spoke, the wind stopped and the sea became perfectly calm at once. Only God can do that. That's why the disciples asked, "Who is this?" The One who rules the waves is with us.

Safety: Tighten lids well and work over a tray. Wipe up any spills. Don't drink the liquid.

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Real life today with Theo

At home	When thunder is loud or the dark is scary, you can say, "Jesus is with me!" and feel His peace.
At church	Jesus is stronger than anything that scares us. We can pray to Him anytime.

Sing and move

♪ **My God Is So Big** Traditional

♪ **Jesus Loves Me** Traditional

OUR CHANT: BE STILL

Wind blows, *(wave arms)*

Waves go, *(make waves with hands)*

Jesus says, *(point up)*

"Be still!" *(freeze!)*

Live It
This week, when you feel scared, say, "Jesus, You're with me. Please give me peace."

Pray together
Dear Jesus, You are stronger than storms. Thank You for being with me when I'm scared. Amen.

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STUDENT HANDOUT · PRESCHOOL (AGES 3–5)

Jesus Calms the Storm

Jesus is stronger than storms.

MEMORY VERSE

“Jesus said, 'Be still!'”

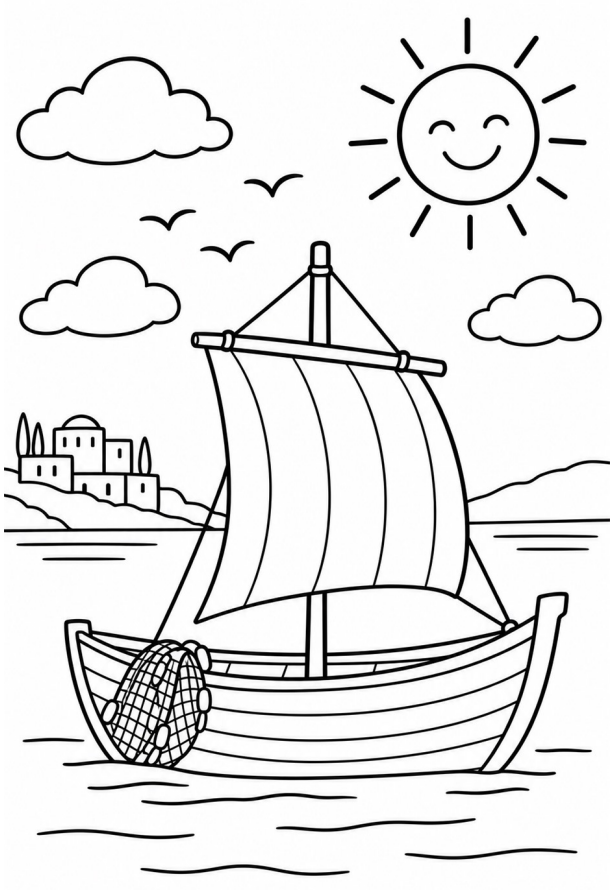
Adapted from Mark 4:39 BSB

The story

Jesus and His friends were in a boat. A big storm came! Jesus said, "Be still!" and the storm stopped. Jesus is stronger than storms! (Mark 4:35-41)

Color the calm sea

Color the boat on the calm sea. Jesus is stronger than storms!



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TAKE-HOME PAGE · JESUS CALMS THE STORM

Keep the story going at home

For grown-ups

Today we learned how **Jesus calmed the storm**. A huge storm hit the disciples' boat, and Jesus was asleep! They woke Him, and He said to the wind and waves, "Be still!" Everything became calm. The disciples asked, "Who is this? Even the wind and the sea obey Him!"

Ask at dinner: *What feels like a "storm" in your life? How does it help to know Jesus is with us?*

Memory verse: "'Silence!' He commanded. 'Be still!' And the wind died down, and it was perfectly calm." (Mark 4:39)

Ask your child

1. When you're scared, who is with you?

This week

This week, when you feel scared, say, "Jesus, You're with me. Please give me peace."

At bedtime, say, "Jesus, You're with me," and pray together.

✂ Cut out the verse card and put it where you'll see it every day.

MEMORY VERSE

“Jesus said, 'Be still!'”

Adapted from Mark 4:39

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TRACE, COLOR AND DRAW · PRESCHOOL

Jesus is

stronger

than storms.



B is for Boat

Color the big letter!

Draw Jesus calming the storm.

FOR TEACHERS AND PARENTS: Read the sentence together, pointing to each word: “Jesus is stronger than storms.” Help your child trace the dashed letters, starting at the top. Name the big letter and its sound, then let your child color it and draw a picture.

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